



Press

Release



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For Immediate Release

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Live Well July Cooking Class is Next Week

Wichita Falls, Texas – LiveWell Wichita County, our local initiative to bridge the gap between health and the community, is happy to announce that there will be a new Cooking Class at the Wichita Falls-Wichita County Public Health District on July 8th, 2022 at 12pm. The recipe will be “Summer Chicken & Veggie Spaghetti”. This event is open to the public but there is limited seating and you must reserve your spot by July 6th, 2022.

The LiveWell program exemplifies one of the goals detailed in the Community Health Improvement Plan to create a culture in the community that supports and encourages healthy behaviors. The cooking classes are one way to show our commitment to the plan by helping our community live healthier and more productive lives through food education and demonstration.

Be sure to visit our website, LiveWellWichitaCounty.com in the Events section, to sign up. If you have specific questions about the program, please call Jelesia Miller at 761-7698.

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